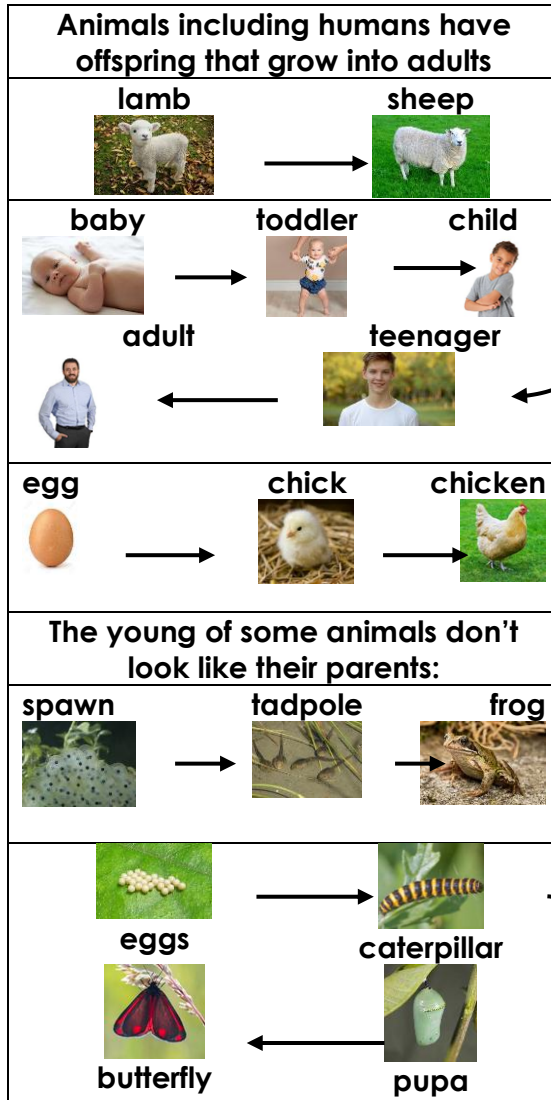


Animals Including Humans – Year 2 Biology



Key vocabulary	
offspring	A person's children or an animal's young.
reproduction	The process where new animals, humans or plants are made.
lifecycle	the series of changes a living thing goes through from birth
limbs	a jointed part of an animal's body, such as an arm, leg, wing, or flipper, that sticks out from the main body
energy	the power to make things move, change, or work. It is needed to run, jump and grow
hygiene	Keeping clean to prevent illnesses and disease.
germs	A very small thing that can cause diseases. We cannot see them with our eyes.
disease	An illness which affects people, animals or plants.
air (oxygen)	an invisible, odourless gas that is essential for life
temperature	a measure of how hot or cold something is
mental health	how we think, feel, and act. It is like our "mind's health," just as we have physical health .

Significant people	
<i>Florence Nightingale</i> (1820-1910) 	A nurse who raised the importance of hygiene to prevent the spread of disease and infections.

<i>Bear Grylls</i> (1974-present) 	A British explorer, presenter and expert on human survival
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All animals including humans have these basic needs to survive:

air

water

food

shelter

To grow into healthy adults, animals including humans need:

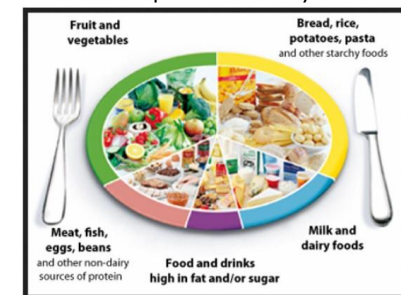
good hygiene

right amount and types of food

exercise

The Eatwell plate

This shows the different food groups that make up a healthy diet.



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